

Remember to follow us on   [YouTube](#) and visit our [website](#)

Send us your photos to holyfamilyschoolrd@gmail.com

Morning Prayer and Daily Birthdays: Check us out on Instagram and Facebook stories daily

Monday, June 01



National Say Something Nice Day!

- **Mindset Monday:** [Cooperation](#)
- **Daily Physical Education Activities:**
 - [WHEEL WEEK video](#)
 - [Benefits of Active Transportation, Safe Scooting, Point, Pause, Proceed, Bike Signals](#)
- **Healthy Together:**
 - [AHS Resources for Families](#)
 - [Coronavirus – A Book for Children](#)
 - [Princess Black CASE OF THE CORONAVIRUS](#)
 - **Referral to School Counsellor:** [Sign Up](#)

Tuesday, June 02



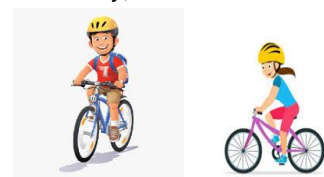
- **Counsellor's Corner:**
 - [Health and Wellness info for family resources.](#)
- **Daily Physical Education Activities:**
 - Challenge: WHEEL to a park (or green space), play at the park and wheel home!
- **Tinker Tuesday:**
 - [Kindness Rocks Challenge for Kids](#)
- **Music Activities with Miss L.:**
 - [Music Activities](#)

Wednesday, June 03



- **Daily Physical Education Activities:**
 - Challenge: WHEEL Your 2.4! [WATCH THIS](#) if you forgot what your 2.4 is.
- **Faith: Food for the Soul**
 - [Prayer Rocks](#)
- **Send us your photos to** holyfamilyschoolrd@gmail.com

Thursday, June 04



- **Daily Physical Education Activities:**
 - Family Challenge: Go for a bike ride with your family.
- **Family Reading Challenge:**
 - [Screen Free BINGO](#)
- **Send us your pictures & videos to** holyfamilyschoolrd@gmail.com

Friday, June 05



- **Daily Physical Education Activities:**
 - [Spin the Wheel](#)
- **Click here for more Health and Wellness ideas for your family**
[WELLNESS ACTIVITIES](#)

Enjoy your weekend!

Check out our weekly video on [Facebook](#) & [Instagram](#) capturing our Learning Journey this week